



## Culture and Person-Centered Practice Video Series: Joseph Ray

NCAPPS made a video series called [Culture and Person-Centered Practices](#). The videos are posted on the NCAPPS YouTube channel. In these short videos, people tell their stories about what culture and person-centered practices mean to them. This is a summary of their stories.

### Joseph Ray

Joseph is Pueblo Laguna. He grew up in a tribal community. He says, “I could go into almost any home and be welcomed with food and discipline or a combination of both.” He says that we need to remember what person-centered practices are – “It’s me and you as humans relating.”

He says, “Caring for our elders is something dear to me.” He took care of his grandparents. He reports there are only 20 tribally run nursing homes in the United States. Tribal elders must leave the reservation to foreign land that they have never been to.

He explains that person-centered practices and systems can be difficult for the Pueblo Laguna to understand. They have a history of taking care of each other. He says they were taught, “Don’t think about yourself.” They helped their family members first. He believes that person-centered practices have a place in their community when service providers interact with the elders and others. He ends by saying, “Always show respect.”